

**2011-2012 Season  
16-23 Time Trial Nomination Form**

Athletes aged 16-23 years on 31 December 2012 are invited to participate in these time trials. See the selection policy for more information on the standards for selection in the TQ Talent Squads.

<b>Date</b>	<b>Event</b>	<b>Age</b>	<b>Venue and Time</b>
4 September Brisbane	<p><i>Morning</i> Time Trial 1</p> <ul style="list-style-type: none"> <li>Swim 1km</li> <li>Run 5km</li> </ul> <p><i>Afternoon</i> Bike Skills Workshop</p> <ul style="list-style-type: none"> <li>Potential ITU Junior &amp; U23 athletes</li> </ul>	16 - 23	<p>SWIM</p> <ul style="list-style-type: none"> <li>St Joseph's Nudgee College Swimming Pool Sandgate Road, Virginia 9.30am – 11.00am</li> </ul> <p>RUN</p> <ul style="list-style-type: none"> <li>St Joseph's Nudgee College Athletics Track Sandgate Road, Virginia 11.30am – 1pm</li> </ul> <p>CYCLE</p> <ul style="list-style-type: none"> <li>Albert Bishop Park, Hedley Avenue, Nundah 2pm – 4pm</li> <li>Specific bike skills workshop for athletes who wish to race ITU Junior &amp; U23 events</li> <li>Athletes will be placed in ability groups &amp; tailored programs will be delivered to meet their needs</li> </ul> <p>Outcome-to select athletes for TQ Emerging Talent Squad [TQETS]</p>
10 September Cairns	<p><i>Morning</i> Time Trial 1 Swim 1km Run 5km</p> <p><i>Afternoon</i> Bike Skills Workshop</p> <ul style="list-style-type: none"> <li>Potential ITU Junior &amp; U23 athletes</li> </ul>	16-23	<p>RUN</p> <ul style="list-style-type: none"> <li>Barlow Park, CNR Spence and Severin Street, Cairns, QLD 4868 7.00 – 8.00am</li> </ul> <p>SWIM</p> <ul style="list-style-type: none"> <li>Woree Pool, Pool Close, Woree QLD 4868 From 9.30am</li> </ul> <p>CYCLE</p> <ul style="list-style-type: none"> <li>Manunda Cycle Velodrome, Keeble Street, Cairns 12 Noon to 2pm</li> <li>Specific bike skills workshop for athletes who wish to race ITU Junior &amp; U23 events</li> <li>Athletes will be placed in ability groups &amp; tailored programs will be delivered to meet their needs</li> </ul> <p>Outcome-to select athletes for TQ Emerging Talent Squad [TQETS]</p>
16 October Brisbane	<p>Time Trial Two</p> <ul style="list-style-type: none"> <li>Cycle 20km</li> <li>Swim 1km</li> <li>Run 5km</li> </ul>	16 -23	<p>CYCLE</p> <ul style="list-style-type: none"> <li>Murarrie Cycle Track Wynnum Road, Balmoral 6am – 10am</li> </ul> <p>SWIM</p> <ul style="list-style-type: none"> <li>St Joseph's Nudgee College Swimming Pool Sandgate Road, Virginia 11am – 1pm</li> </ul> <p>RUN</p> <ul style="list-style-type: none"> <li>St Joseph's Nudgee College Athletics Track Sandgate Road, Virginia 1.30 pm – 2.30pm</li> </ul> <p>Outcome-to select athletes for TQ Talent Squad [TQTS] &amp; a further opportunity to select athletes for TQETS</p>



You are reminded that these trials will be the only opportunity for time trialling this season for entry into the Triathlon Queensland Emerging Talent Squad and/or the Triathlon Queensland Talent Squad.

Athletes must confirm their participation or non participation in these time trials by returning the acknowledgement slip below by Friday 26 August 2011. There will be no opportunity to enter on the day or to advise after the due date.

Name ..... DOB .....

**To Triathlon Queensland Ltd**

**Time Trials**

I ..... will be attending the TQ time trials on:

- |                             |     |                          |    |                          |
|-----------------------------|-----|--------------------------|----|--------------------------|
| 4 September 2011 – Brisbane | YES | <input type="checkbox"/> | NO | <input type="checkbox"/> |
| 10 September 2011 -Cairns   | YES | <input type="checkbox"/> | NO | <input type="checkbox"/> |
| 16 October 2011 - Brisbane  | YES | <input type="checkbox"/> | NO | <input type="checkbox"/> |

.....  
*Signature Athlete*                      *Signature Parent/Guardian*                      *Name Parent/Guardian*  
if athlete is U18

*Must be received at the TQ Office on or before Friday 26 August 2011*

Fax: 3369 9400    Mail: Suite 214, 150 Caxton Street, Milton, Qld 4064  
 Preferred response is scanned and email to [admin@triathlonqld.com.au](mailto:admin@triathlonqld.com.au)

I am a member of Triathlon Queensland                      Membership Number

I am not a member of Triathlon Queensland

Non-members can attend Time Trial 1 in Brisbane or Cairns                      Fee \$15.00 [including 1 day membership fee]

Payment Details for Non-members			Amount 15.00	
Bank Transfer			Credit Card	
Westpac	BSB: 034 072	ACC: 181168	Cardholder's Name	Visa                      Mastercard
Acc Name: Triathlon Queensland Ltd			Number	
Reference: TQDS & Athlete's Name			Expiry Date	

Payment can also be made by phone when submitting forms                      TQ Office                      3360 9600